

The CedarWood Report



Easter Blessings for Pantry Clients

Springtime is a time to celebrate warmer weather, flowering trees and the first blooms opening up in our gardens. It's a time of renewed life! No springtime holiday expresses this principle of life clearer than Easter, or Resurrection Sunday, as it is sometimes called. This year, CedarWood was privileged to offer each Pantry

family, whatever their ethnic background, a grocery store gift card to purchase the meat of their choice for the holiday dinner, along with a box of side dishes we packed to go along with their main course. There were so many happy faces as gift cards and side dish boxes were distributed. And, everyone also received a full shopping cart full of other groceries as usual. We were so thankful to be able to surprise these precious families with an extra Easter blessing this year!



Over the past month we have been distributing children's Bibles to every parent who wanted them for their kids. All together, we took orders for 43 children. In addition to requests for English versions, some were in Spanish, Russian and Ukrainian. Each child received one specifically designed for their age group and language. We had Beginner Bibles with beautiful pictures and engaging stories, Adventure Bibles for middle school ages, and some appropriate for teen girls and boys. Below are some of the ones we purchased, along with a photo of a little boy who received a Beginner Bible of his own, shipped to us directly from the Ukraine.









Our mailing address is: 11700 Mukilteo Speedway Suite #201-1177 Mukilteo, WA 98275 Nat'l office #: (559) 435-2423 Questions? Contact CedarWood's Director, Adam Shephard, at AdamS@worldforjesus.org http://www.worldforjesus.org CW office #: (206) 883-5132



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CATHY WANER

Heart Lifeline



CedarWood Partner & Volunteer Spotlight

You can always tell when **Cathy Waner** walks in the door—she's the tall, lithe woman with the striking red hair and bright smile. Cathy has been a CedarWood volunteer since 2019 when she

moved to Washington from Redding, CA to become Program

Director with Heart Lifeline, a ministry to former victims of

sexual exploitation and/or human trafficking. In her work as Program Director, Cathy mentors women who have successfully completed the treatment and recovery programs needed to help them heal physically and emotionally from the trauma they experienced.

Once they have completed these other programs, they can apply to become part of Heart

Lifeline's Heart Home Program. The Heart Home Program is a third tier residence designed to provide these women with a safe and affordable home from which to launch into the next chapter of their lives. The home is for women who will pursue careers, learn a trade, start businesses, start non-profit organizations or go to college and are learning the life skills necessary to be successful. In this program, they will continue this process.

There is also opportunity to regain their sense of community through volunteerism and other healthy social interactions. CedarWood has been fortunate to welcome some of these amazing women as volunteers at the Pantry. We have come to know and love them as they join our volunteer team to serve the community. As a result, many friendships have sprung out of our connection with the work of Heart Lifeline's Heart Home Program.

When asked what was her first impression of the Pantry, Cathy commented on how organized and well-stocked it was and was surprised at the wide variety of foods available to the clients. As she got to know us, she was impressed with other aspects unique to our ministry, such as the coat and clothing closet, holiday Turkey dinners and/or gift cards for clients, food for hungry school children, Back to School supplies or new socks and underwear and age-appropriate Bibles for children. We also offer our clients prayer for personal needs if they request it.

Cathy enjoys the sense of family among the staff and volunteers and tells us that our volunteers feel encouraged and appreciated. Not only does Cathy volunteer on Mondays at the Pantry but she often assists our Homeless Outreach Team on Saturdays. This requires some street smarts, mixed with a lot of compassion and discernment, all of which she beautifully demonstrates as she helps distribute food and provide encouragement to the most vulnerable people living on the streets of Everett, WA.

Cathy highly recommends volunteering at CedarWood. "Just step out, try it and you will find a unique model of service to the community that reaches the whole person—body, soul and spirit. It's a place of relationship building and you will experience significant personal growth as you give of yourself to help other people."

Wondering how you can get involved?

Consider donating money, food, or volunteer your time. Monetary donations are tax-deductible. Please write checks to World For Jesus Ministries (WFJM) and mail to the address on Page 1. Please notate "CedarWood" in the memo section of your check. Online donations are also accepted at http://worldforjesus.org/ministries. Then click on the "CedarWood International" donate button to add your donation to the cart.

THANK YOU!